

Kriyasakthi Talent Empowerment Solutions OPC Private Limited
An Organization Empaneled by Ministry of Women & Child Development, Government of India



Become a POSH Trainer & Consultant

Register in our 18 Hours intensive Online Training Course Today

POSH Train the Trainer Program

*Empowering Trainers & Consultants to Create
Safe & Respectable Workplaces*

Kriyasakthi, an esteemed organization registered and recognized by MSME, Startup India, and empaneled by the Ministry of Women & Child Development, Government of India, proudly announces our signature “POSH Train the Trainer Program”.

This exclusive program is designed for all aspirants who wish to become trainers and enablers of the Prevention of Sexual Harassment of Women at Workplace, Act 2013. This initiative aligns with our commitment to fostering safer and more equitable work environments across India.

Join us in this transformative journey and equip yourself with the knowledge and skills to make a significant impact in promoting workplace safety and dignity for women.



Become a Certified POSH Trainer & Consultant

Invest on a New Learning to Earn.

- Understand Prevention, Prohibition and Redressal of Sexual Harassment at Workplace
- Foster with Investigation and Case handling protocols
- Create Best Practices to foster Diversity Inclusion, Respect, Recognition, Happiness and Growth at your Workplace.



Who Can Join This Course?

- ✓ *Anyone who wishes to work for the cause of women.*
- ✓ *Anyone who wishes to choose a career path as a POSH Trainer.*
- ✓ *Anyone who is willing to be an IC member to handle, investigate, and report sexual harassment cases.*
- ✓ *Anyone who wants to become a consultant for organizations and institutions to create safe workplaces.*

What are the Benefits for you to take this Course?

- ✓ Become a **TRAINER** to conduct awareness and sensitization sessions on the prevention of sexual harassment and gender issues.
- ✓ Become a **POSH CONSULTANT**, providing POSH compliance support to any organization or institution.
- ✓ Become an **EXPERT** in handling sexual harassment complaints through adept investigation, interrogation, and reporting skills as an external or internal member of the POSH Internal Committee (IC).

Why choose 'Kriyasakthi' for POSH TTT Certification course?

Get trained by a Master Trainer and an industry expert who sets the best practices for a safe workplace, recognized and empaneled by the Government of India, Ministry of Women & Child Development.

Gain a profound understanding of gender aspects and the content of sexual harassment, delving deeply into these critical issues.

Prepare yourself as a trainer to present effectively, handle objections smoothly, and impress & inspire your audience with confidence.

This course is invaluable for creating an alternative career path, offering exceptional value for your investment.

Lastly, you will receive your Trainer Certification from an organization empaneled by the Government of India to conduct POSH courses.

How is this Program Different from Other POSH Learning Courses?

This 18-hour program focuses on

the deeper aspects of gender, recognizing women as an equitable talent force, and the importance of workplace safety to protect women. It covers the laws protecting women, the genesis, definition, prevention, prohibition, and redressal measures of sexual harassment at the workplace under the POSH Act 2013. Additionally, the program includes a trainer development segment aimed at grooming aspirants to become first-time trainers enhancing Public Speaking, Presentation & Content Development Skills.

It Doesn't Stop with that, the Participant will have Guidance Session on, How to Sell oneself as a Trainer using Social Media.

A unique Program focused & designed to guide you on through the 4 stages of development in Excelling as a POSH Trainer & Consultant.



4 GOALS OF KRIYASAKTHI POSH TTT PROGRAM

EDUCATE

Know all about POSH, Act 2013

EMERGE

Acquire the Skills to redress Sexual Harassment Complaints as an IC Member

EVOLVE

Evolve as a effective Trainer and Competent POSH IC Member

EXCELL

Become an Industry Subject Matter Expert in POSH both as a TRAINER & Consultant

Program Goal 1 (EDUCATE) - Understanding Gender & Sexual Harassment

- Gender Concepts & POSH Act, 2013
- 6 Hours Module to understand the Gender, Genesis , Emergence and Application of POSH Act, 2013

Program Goal 2 (EMERGE)- Redressal of Sexual Harassment Compliants

- Sexual Harassment Case Handling as a Internal or External Member
- 4 Hours of training in Receiving SH Compliants, Investigation, Recommendations & Case Reporting

Program Goal 3 (EVOLVE) - Training Skill Development

- Comprehensive Trainer Development Module focussed on developing Aspirants to Trainers
- 6 Hours Intensive Trainer Module focussed on Aspirants to become trainers in POSH . This Program focussed on Presentaion, Public Speaking & Content Development Skills of 2 Hours each

Program Goal 4 (EXCELL) - Selling Yourself as an Expert

- How to convert your expertise to Earnings
 - 2 Hours module on, selling yourself as a POSH Trainer & Consultant through Social Media



Develop and Grow your In- House POSH Trainers & Compliance Consultant

Groom Your HR, Organisational Leaders and ICC on setting Best Practices in creating Happy, Inclusive, Progressive and Safe Workplace.

- Understand Prevention, Prohibition and Redressal of Sexual Harassment at Workplace
- Foster with Investigation and Case handling protocols
- Create Best Practices to foster Diversity Inclusion, Respect, Recognition, Happiness and Growth at your Workplace.

Contact Us to Grab the Corporate Offer Now



PARTICIPATION & COURSE FEES

Participant Category		Program Fee per Participant INR	GST (18%) INR	Total Cost including GST Per Participant, INR
General (Individual)		9000	1620	10,620
Early Bird Offer for Registration before 15 th July 2025		7500	1350	8850
Corporate or Group Offers	2 to 4 Members	7500	1350	8850
	More than 5 Members	7000	1260	8260

How to Register for this Course?

Mode of Payment

The Fees can be paid electronic or through Bank, NEFT transfer to the below Account Details

**ACCOUNT NAME: KRIYASAKTHI TALENT
EMPOWERMENT SOLUTIONS OPC PVT LTD**

BANK NAME: STATE BANK OF INDIA

BRANCH : GANDHI NAGAR, ADYAR, CHENNAI

ACCOUNT NUMBER: 41480494336

IFSC CODE: SBIN0017871

GSTIN: 33AAHCK7182K1Z6

SCAN THE QR CODE FOR UPI PAYMENTS

Or Request For A Payment Link By Sending Email To info.kriyasakthi@gmail.com;

Whatsapp To 8939649533 / 9360861574

After Payment Completion, kindly ask for the Participant Registration Form to select your Batch and fill in the form for your POSH TTT Certificate Purpose.

KRIYASAKTHI
+91 89396 49533



8939649533@okbizaxis

For any Information or Assistance, WhatsApp +91 8939649533 | 9360861574
Email: info.kriyasakthi@gmail.com; info@kriyasakthi.com | www.kriyasakthi.com



PROGRAM SCHEDULES

This Program is 18 Hours Structured Course, to Groom Aspirants as POSH Consultant & Training Experts. This course is delivered in 2 batches in order to create the opportunity for working professionals too , who aspire to create a career as a POSH Trainer.

KRIYASAKTHI TALENT EMPOWERMENT SOLUTIONS OPC PRIVATE LIMITED

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POSH TTT Aug 2025 Batch 7 Online Weekday (18 Hours) Program

DATE	DAY	FROM	TO	DURATION
4-Aug-25	Monday	10.00 AM	01.00 PM	3 Hours
5-Aug-25	Tuesday	10.00 AM	01.00 PM	3 Hours
6-Aug-25	Wednesday	10.00 AM	01.00 PM	3 Hours
7-Aug-25	Thursday	10.00 AM	01.00 PM	3 Hours
8-Aug-25	Friday	10.00 AM	01.00 PM	3 Hours
9-Aug-25	Saturday	10.00 AM	01.00 PM	3 Hours

Visit www.kriyasakthi.com for more details

To Register Contact 9360861574 /8939649533

About the Trainer



Preethi Sudhakar

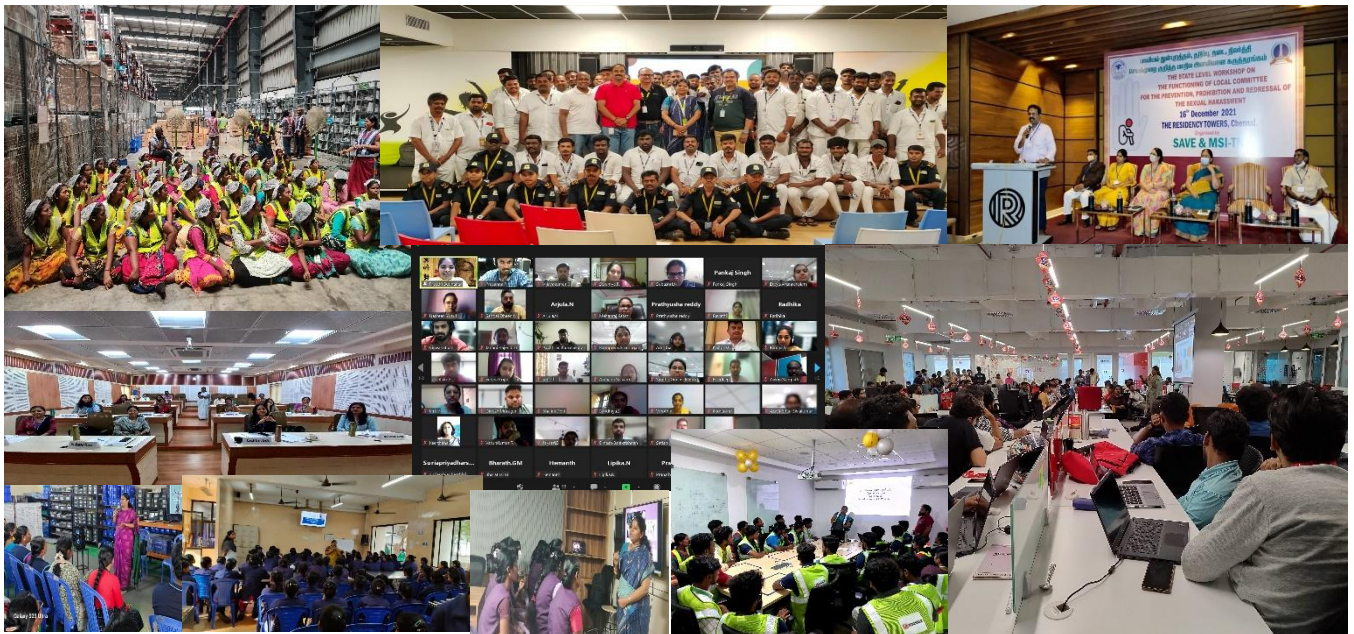
Government of India, Empaneled POSH Trainer

Over 15+ Years of Experience in Training and Development, trained about 5000+ Talents across India in Leadership, Women Empowerment, Prevention of Sexual Harassment, Diversity & Inclusion, Emotional Intelligence and various other self transformational Programs.

Conducted 100+ Workshops on prevention of Sexual Harassment of Women at Workplace. External IC Member presently with 25+ Organization from various Industries setting Best Practices for a Safe & Progressive Workplace.

Educational Qualification

B-Tech, MBA, MSc Counselling Psychology, ACM-HRM, master's in counseling psychology & Psychotherapy, Certified Corporate Trainer, PG Diploma in Counseling Psychology & Psychotherapy, Diploma in Training & Development, NLP Certified Practitioner, Certified Trainer in POSH Act 2013, Diversity & Inclusion Consultant



Our POSH TTT Participants Testimony from our Previous Batch 2024

Dr. Soundrapriya P
Gynecologist, Senior Medical Officer, Apollo Hospitals

This program was one of the most informative program. The trainer had a n excellent way in explaining the process sighting examples in between for a better understanding. !!! Keep up the good work!!

This program was very informative.a clear picture of POSH was explained in a very meticulous manner.



Bharathi.C

Deputy chief nursing officer, Rela institute and medical center

Three days session On POSH was very much informative and useful. Trainer has excellent content knowledge and keeps the group engaged. It is the important topic for the women to get aware on POSH ,women empowerment and workplace harassment. Had very great learning experience with k̄ritasak̄thi trainer.

Ananda Kumar Mahato

Banker

Excellent Program. Thank You

Dr.J.LAKSHMI PRIYA

Assistant Professor

Nice session.Took it in an interesting way. overall a good experience

Jayashree Senthil

Managing Director, Shree Renga Polymers

Good program. Need more sessions like this

Mayavaram Sivaraman Charan

HR Consultant

A very wonderful session, which is needy to all work place...

Dr. E P John

Assistant Professor, SRM Institute of Science & Technology, Chennai

The highlight of the program is the trainer Preethi, is the one that keeps you engaged/engrossed throughout the program with her real life experiences. Real value for money and affordable for most of the professionals, its more than a social service.

Ruckmani Geetha B

Deputy Manager – HR, Dr. Rela Institute and medical centre

Overall a Valuable training session! Exceeded expectations.

Divya Kumari

HR Professional

Preethi brings a lot of compassion and empathy in her training and that sets it apart from the rest.

Malaimagal M V

Director, Vital Skill Square

As a fellow of the L&D space, I sincerely appreciate Ms Preethi for launching a well curated PoSH TTT program with a 360 degree trajectory, thoughtful insights & a plethora of case studies that deepens the experiential learning curve. The program spells value addition in every spec, especially for the beginners & career change seekers who still have questions about whether or not to choose PoSH as the area of practice & also for the trainers who wish to gain a deeper understanding of the PoSH Act .

Kudos to Kriyasakthi for the initiative. I strongly recommend your program for all the seekers of career in PoSH Empowerment.

Dr. USHARANI S

Psychologist, Retired Professor, WCC

Excellent presentation by the trainer in explaining the concepts in bi lingual. Even a layman would become an expert in POSH by attending the program conducted by Kriya Sakthi

S.Tamil Selvan

CEO, Kite Braining Institute

I wholeheartedly thank Preethi madam for the POSH TTT knowledge bundle. It has helped me understand the pain and protection of women's safety. It has made me more responsible for society. I am eager to start my social duty with Kriyasakthi guidance. I strongly recommend working people learn the POSH Act and know their rights. Thanks a lot.

Ms. Pamela Mendonsa

School Counsellor

The PoSH TTT program is well-structured and planned blending comprehensive knowledge with a personal touch by the facilitator.

The sessions were incredibly wholesome, thanks to Ms. Preethi Sudhakkar, who was warm and approachable throughout. Her passion for the topic, along with her expertise and real-life examples, truly stood out. She is an exceptional storyteller, presenting cases in a way that kept me intrigued and eager to know what happened next. She is a highly experienced trainer, striking a perfect balance between intellect and emotion, especially in her inspiring approach to handling PoSH cases. Her encouragement and gentle nudges to the participants to engage actively made the sessions refreshing. She sets a high standard for both experienced and aspiring trainers. One word that encapsulates her is "wholehearted," as she facilitated the sessions with genuine commitment and enthusiasm.

The videos were powerful, and the PowerPoint slides served as effective visual aids. The slides were well-designed, featuring key words and a great selection of images.

This training programme was a valuable investment of my time and money, and I'm grateful for the enriching experience. Thank you sincerely. ✨🙏✨

A. POORNIMA

Professor, Kanchi Shri Krishna college of Arts and Science, Kilambi.

Thank you so much

ASHWINI ANBAZHAGAN

Architect

"The POSH TTT program was a highly insightful and engaging 3-day online experience. The sessions were well-organized, with an interactive format that kept everyone involved. Your explanation of each case offered invaluable insights, giving us the confidence and knowledge to effectively implement POSH guidelines. It also raised awareness about verbal and non-verbal behaviors, as well as potential mistakes in the workplace that could be considered abusive. Additionally, we gained a clear understanding of how the Internal Complaints Committee (ICC) operates within an office. The program has even inspired me to explore a future career as a trainer. Thank you for delivering such a comprehensive and impactful experience!"-Ashwini Anbazhagan

RAJAKALAI SELVI

Assistant Professor, Prince Engineering college

I can confidently say it was a transformative experience. From the moment I enrolled I was impressed by the professionalism in carrying out the program. The curriculum was well structured and covered a wide range of topics in the area of POSH.

S.Vijayalakshmi

HR Professional, Mahle Engine Components India Pvt Ltd

I recently had the opportunity to attend a POSH (Prevention of Sexual Harassment) training, and I must say it was an enlightening and informative experience. The session was well structured, ensuring that all trainers, regardless of prior knowledge, understood the legal, organizational, and ethical responsibilities involved in creating a safer workplace by training the employees.

The trainer was exceptional—highly knowledgeable and deeply empathetic. She facilitated open discussions, making us feel comfortable to ask questions and share our thoughts. What stood out was their ability to break down complex legal jargon into simple, actionable concepts. Ms.Preethi also used real-life case studies, which helped us understand the implications of workplace harassment and how to address it effectively.

Thanks for the wonderful session Preethi mam .

Maheswari G

Staff Nurse Department of maternity and post natal care.TN Government Hospital

We have learned many things through the training with you. What are the problems of women's safety and where is the complaint made? You have explained to us very clearly on how the harassment made to our people and how to make it correct . You are been very clear in explaining and made us more focused in the training programme. Thank You

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